

MASSAGE INTAKE FORM:

Client Information: Client Name: _____ Date of Birth: _____ Male/Female Emergency Contact: Emergency Phone: Please list all medical conditions: Are you taking any medications? If so, please list-including prescription and over-the-counter: Do you have any allergies/sensitivies? (Please circle) Yes / No If so, please list: Are you currently pregnant? (Please circle) Yes / No If so, how far along? **Do you suffer from chronic pain?** (Please circle) Yes / No If so, please explain: Please list all surgeries and/or orthopedic injuries: Do you exercise regularly? (Please circle) Yes / No If so, how often? Have you ever had a professional massage before? (Please circle) Yes / No What type of massage do you prefer? (Please circle) Relaxation / Therapeutic What type of pressure do you prefer? (Please circle) Light / Medium / Deep Are there any areas that you do NOT want massaged? If so, please list: Are you currently experiencing any pain or discomfort? (Please circle) Yes / No Please use the pictures below to mark where you are experiencing any pain/discomfort.

Reviewed by: (Staff Initials)

Notes: